
Welcome to Families Like Ours, your independent information, referral and educational Adoption Exchange. Families Like Ours is your independent advocate regardless of which placement agency, or state program you're working through. We're here to help. We are families-helping-families.

Adoption 101

Are you thinking about adoption or foster care? Are you unclear if this is right for you? Do you have questions or need to verify answers you have gotten and are not sure what the real answer is? Then this is the workshop for you. Adoption 101 is the stepping stone; that first step as you move along in your adoption plan. This is a fast paced, two hour program that explains the *Who, What, When and How* of the process without the "sell" of an agency or program.

Here is what you get in this workshop:

- Pros and Cons of each type of adoption
- A description of the process of the home-study
- A complete list of approved Families Like Ours WA adoption resources
- An understanding of all the players and their roles
- A step-by-step plan to help you with your adoption goals
- Lots of Q&A time

"The training from Families Like Ours was fantastic. There was instruction, advice, and a lot of humor used to provide all the information and support we could possibly need as we made one of the biggest decisions of our lives. Not only do they help navigate through the red tape of the adoption process, but are there to help you keep your sanity once the child is placed in your home." Michael and Megan, adoptive family

It takes a village to build a family! Giving families interested in adoption a network of principled service providers, ongoing training, support and resources that are a cut above the rest.

Thank You to our Community Partners, Sponsors and Supporters

Adoption Referral & Information Service
A Place Called Hope, Inc.
Greater Seattle Business Association
Northwest Children's Fund
Northwest Resource Associates *and*
Northwest Adoption Exchange
Puget Sound GLBT Yellow Pages
State Farm Insurance
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John Coake Real Estate
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Adoption Exchange Association



North American Council on Adoptable Children



Greater Seattle Business Association



Voice for Adoption

Families Like Ours

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Families Like Ours presents ...

*Adoption 101 and
Adoption and
Foster Care
P.R.I.D.E. education*

This is no ordinary information and educational training Real information for real pre and post adoptive and foster families Families Like Ours gives you what you need to know to prepare you for your journey.

Adoptive & Foster Parent P.R.I.D.E. Education & Orientation

This is no ordinary P.R.I.D.E. training! If you're planning on adopting a child or children currently in the foster care system, you are required to take the P.R.I.D.E. pre-service training and orientation. We have combined them so you receive a complete orientation about adoption, foster care and the process.

Who should attend?

- Anyone with the goal of adoption from the foster care system
- Anyone wanting to become a foster parent
- Anyone wanting to provide a BRS foster home
- Anyone wanting to be a respite provider

This is more than just sitting in a room, it is an active participating workshop program facilitated in a discussion format. The goal is not to teach you how to parent, but to enhance your parenting skills, help you understand adopted children better, and familiarize you with children that are in the foster care system.

We're thinking about doing an International adoption, should we attend?

Yes! We have several agencies that work with families adopting internationally and recommend their families take our P.R.I.D.E. training. One of the myths of international adoption is that you'll never deal with the issues a foster child may present. That is simply false. During this training you'll learn about eating issues, the bonding process, issues related to attachment, F.A.S.D., building parenting skills and more.

What will I walk away with?

- The ability to set realistic goals for yourself, your family and the child
- A complete understanding of all the players and their roles in the process
- A common-sense guide on how to select the agency and program that is right for you
- Real-world examples with real-world answers
- An understanding of how the culture, community and self, affect you and the child
- Expectations from the home-study process
- Sufficient information to get a placement that will work best for you and your family
- Explanation of attachment and bonding
- Effective discipline for yourself and the child
- A good understanding of parenting survivor tools
- Myths and misinformation dispelled about adoption, foster care and the foster system
- A good sense of the money involved: how much, when and how to keep it
- Tips on how to keep yourself out of trouble



Is there anything else I get out of this?

Every family that attends our P.R.I.D.E. training or Adoption 101 trainings are automatically enrolled in our independent peer-to-peer mentoring program. That means you'll always have a "buddy" there to answer questions, provide

guidance, and lend an ear when you need it most. We're families-helping-families, we have been there too.

How do I register?

Registration is quick and simple. First, check out our events calendar on our web site for dates and locations of these and other workshops. Then, click on the registration link. You can also call us at 206-441-7602 or NWA (206-441-6822) to register for the Families Like Ours Pride training.

[Adoption 101 training registration must be done directly through Families Like Ours](#)

This is unlike any other P.R.I.D.E. training. We do not work on theory; we talk about the real world, real kids, and real answers. Our job is not to prepare you for "passing your home study," but to prepare you to be an adoptive or foster parent.

Important: You DO NOT need to take the orientation when taking our P.R.I.D.E. training. We have included that section for you.

Adoption 101 and P.R.I.D.E. program community partners include:

Northwest Resource Associates—NWA
The Greater Seattle Business Association (GSBA)
Adoption Referral & Information Services (ARIS)
Windermere John Coake Real Estate

This program serves families throughout the state of Washington, with children throughout the United States.



Call today to talk to one of our family specialist and join our family.

206-441-7602 | 1-877-230-3055